

# Ikos Aria, Kos

## Itinerary: 2019 Tennis Holidays

*activeaway*

Day	Day	Morning	Afternoon	Evening
Day 1	Saturday	<b>Arrival</b> - An Active Away Representative will be there to meet you on arrival. It will take approx 30 minutes to travel from the airport to the hotel.	<b>Arrival</b> - An Active Away Representative will be there to meet you on arrival. It will take approx 30 minutes to travel from the airport to the hotel.	<b>Arrival</b> - An Active Away Representative will be there to meet you on arrival. It will take approx 30 minutes to travel from the airport to the hotel.
Day 2	Sunday	09:30am - <b>Welcome Meeting</b> - At the Tennis Centre 10:00am - 12:00 - <b>Tennis</b> - 'Cobwebs + Quality Rallying'	13:30 - <b>Lunch</b> - Join the coaches in the Flavors Restaurant 17:00 - 19:00 - <b>Tennis</b> - Doubles Social Afternoon with 'top tips' from the coaches	19:45 - Meet in the Main Bar 20:00 - <b>Dinner</b> - In the Fresco Restaurant 21:30 - <b>Dance</b> - Live Music In the Bar
Day 3	Monday	10:00am - 12:00 - <b>Tennis</b> - 'Doubles Positioning + Approaching the net'	13:30 - <b>Lunch</b> - Join the coaches in the Fresco Restaurant 17:00 - 19:00 - <b>Tennis</b> - Doubles Social Afternoon with 'top tips' from the coaches	19:45 - Meet in the Main Bar 20:00 - <b>Dinner</b> - In the Flavors Restaurant 21:30 - <b>Dance</b> - Live Music In the Bar
Day 4	Tuesday	10:00am - 12:00 - <b>Tennis</b> - 'Stressbuster - Fast Paced Drills Session'	13:30 - <b>Lunch</b> - Join the coaches in the Flavors Restaurant 17:00 - 19:00 - <b>Tennis</b> - Doubles Social Afternoon with 'top tips' from the coaches	19:45 - Meet in the Main Bar 20:00 - <b>Dinner</b> - In a local traditional Restaurant 22:00 - <b>Drinks</b> - In Kos
Day 5	Wednesday	<b>Day Off - Optional Day Trip</b> - Your hosts will give you several options	<b>Day Off - Optional Day Trip</b> - Your hosts will give you several options	<b>Dinner</b> - Book your own meal / Join the coaching team
Day 6	Thursday	10:00am - 12:00 - <b>Tennis</b> - 'Volley + Serve Technique'	13:30 - <b>Lunch</b> - Join the coaches in the Fresco Restaurant 17:00 - 19:00 - <b>Tennis</b> - Doubles Social Afternoon with 'top tips' from the coaches	19:45 - Meet in the Main Bar 20:00 - <b>Dinner</b> - In the Flavors Restaurant 21:30 - <b>Dance</b> - Live Music In the Bar
Day 7	Friday	10:00am - 14:00 - <b>Tennis</b> - 'Davis Cup Champagne Social Tournament'	14:00 - <b>Lunch</b> - Join the coaches in the Flavors Restaurant 17:30 - 18:30 - <b>Watch</b> - Coaches Exhibition Match 18:30 - 19:00 - <b>Presentation</b> - End of week awards	19:45 - Meet in the Main Bar 20:00 - <b>Dinner</b> - In the 'Kos' Restaurant 21:30 - <b>Dance</b> - Live Music In the Bar
Day 8	Saturday	<b>Departure</b> - An Active Away Representative will be there to wave you goodbye. Your collection will be approximately 2 hours 30 mins before your flight time.	<b>Departure</b> - An Active Away Representative will be there to wave you goodbye. Your collection will be approximately 2 hours 30 mins before your flight time.	<b>Departure</b> - An Active Away Representative will be there to wave you goodbye. Your collection will be approximately 2 hours 30 mins before your flight time.

This itinerary is subject to change dependent on availability and the weather.  
\*Extra charge applicable, more info and booking list available at the hotel.

[activeaway.com](http://activeaway.com)

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Tennis Holidays for everyone